



**КГАУ «Центр комплексной реабилитации инвалидов»**

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# The Organization of rehabilitation of the disabled with stroke consequences in the regional Center for complex rehabilitation

Директор, главный внештатный специалист по  
реабилитации Министерства здравоохранения Пермского  
края,  
д.м.н., профессор **Бронников В.А.**

# Rehabilitation of the disabled

–the system and process of full or partial recovery of the disabled people' abilities to perform household, public and professional activities...

for social adaptation of disabled people, achievement of material independence and integration into society.

# Нормативно-правовое регулирование

- Устав КГАУ «Центр комплексной реабилитации инвалидов»
- Федеральный закон от 24 ноября 1995 г. № 181-ФЗ «О социальной защите инвалидов в Российской Федерации»;
- Федеральный закон от 28 декабря 2013 года № 442-ФЗ «Об основах социального обслуживания граждан в Российской Федерации»
- Федеральный закон от 03.11.2006 N 174-ФЗ "Об автономных учреждениях»
- Приказ Министерства социального развития Пермского края от 06.02. 2015 № СЭД-33-01-03-31 «Об утверждении порядков в сфере реабилитационных услуг»
- Приказ Министерства социального развития Пермского края от 31.10.2014 № СЭД-33-01-03-55 «Об утверждении порядка предоставления социальных услуг в полустационарной форме социального обслуживания»

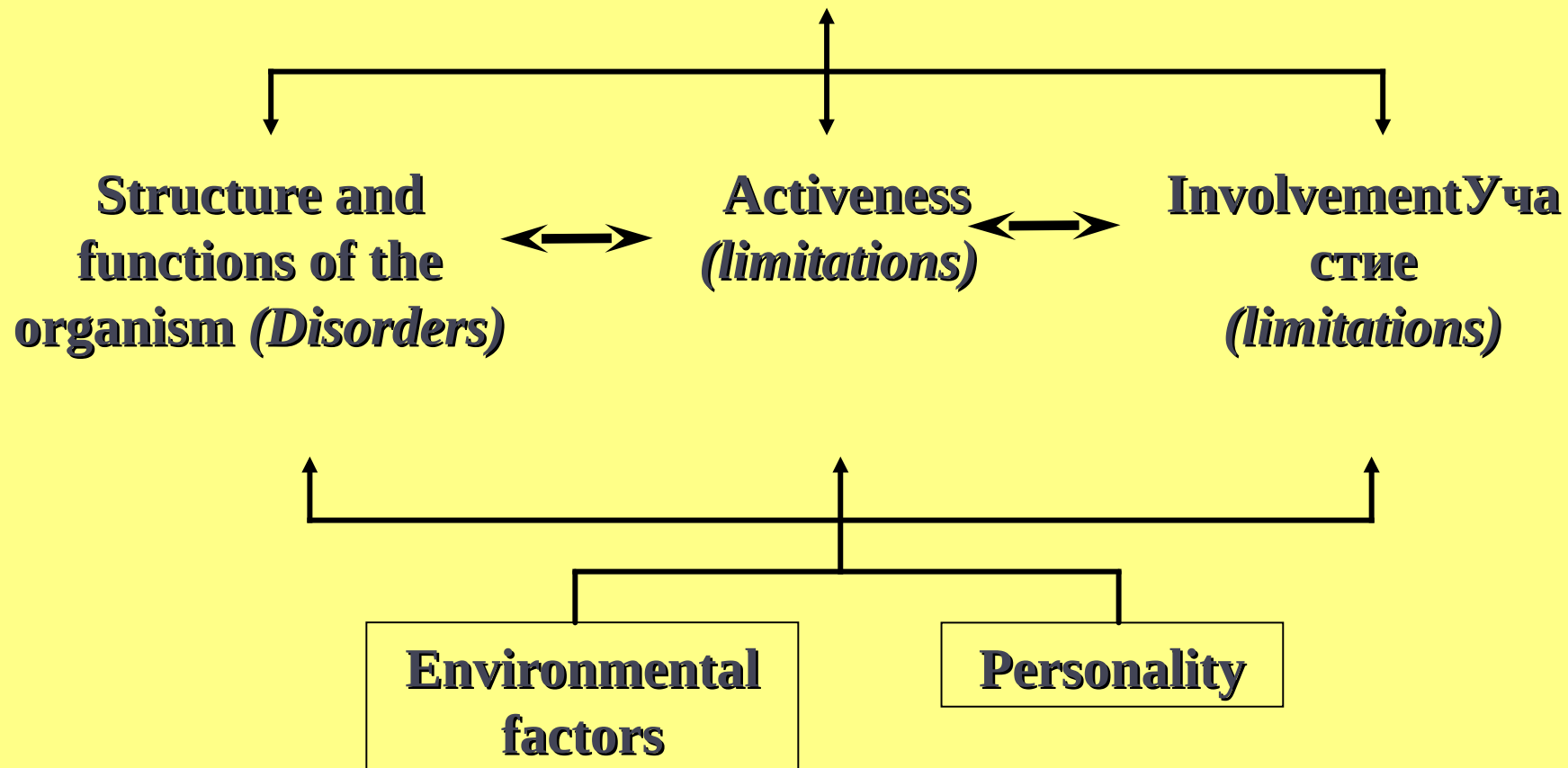
- ГОСТ Р 52143-2003 Социальное обслуживание населения. Основные виды социальных услуг
- ГОСТ Р 53874-2010 Реабилитация инвалидов. Основные виды реабилитационных услуг
- ГОСТ Р 52882-2007 Социальное обслуживание населения. специальное техническое оснащение учреждений социального обслуживания
- ГОСТ Р 53349-2009 Социальное обслуживание населения. Реабилитационные услуги гражданам пожилого возраста

# Methodological Foundations

МКФ (ВОЗ, 2001)

**Health Condition**

(trauma / illness)



## the list of diseases that are indications for service

- the consequences of cerebral palsy;
- the consequences of injuries of peripheral nerves, spinal cord and brain;
- limb injuries, including amputations;
- the consequences of disorders of cerebral and spinal blood circulation;
- the consequences of acute infectious diseases of the peripheral and Central nervous system (neuritis, myelitis, meningoencephalitis, etc.);
- degenerative-dystrophic diseases of the spine;
- neuromuscular diseases;
- chronic slowly progressing disease of the nervous system (multiple sclerosis);
- Cerebral palsy, autism, Down syndrome (children with disabilities);
- somatic, congenital, genetic diseases associated with developmental disorders and social maladjustment;
- speech disorders (aphasia, dysarthria, logoneurosis)

# The Structure OF The Centre

- The Personnel Department
- The Organization Department
- The Administrative Division
- Finance and Economic Department
- The Department of rehabilitation activities
- Science and Methodology Department
- 10 departments of medical and social rehabilitation

# ОТДЕЛЕНИЯ МЕДИКО-СОЦИАЛЬНОЙ РЕАБИЛИТАЦИИ

## Отделения медико-социальной реабилитации г. Перми

- |                                       |                         |
|---------------------------------------|-------------------------|
| • Отделение Дзержинского района       | ул. Связистов, 11а      |
| • Отделение Индустриального района    | ул. Сивкова, 14         |
| • Отделение Кировского района         | ул. Б. Хмельницкого, 56 |
| • Отделение Орджоникидзевского района | ул. Косякова, 10        |
| • Отделение Свердловского района      | ул. Лодыгина, 39        |

## Отделения медико-социальной реабилитации Пермского края

- |                            |                     |
|----------------------------|---------------------|
| • Отделение г. Березники   | ул. Челюскинцев, 10 |
| • Отделение г. Краснокамск | ул. Шоссейная, 6    |
| • Отделение г. Лысьва      | ул. Куйбышева, 6    |
| • Отделение с. Орда        | ул. Новая, 13       |
| • Отделение г. Чусовой     | ул. Ленина, 26      |

Число мест в отделениях

Для временного проживания  
60

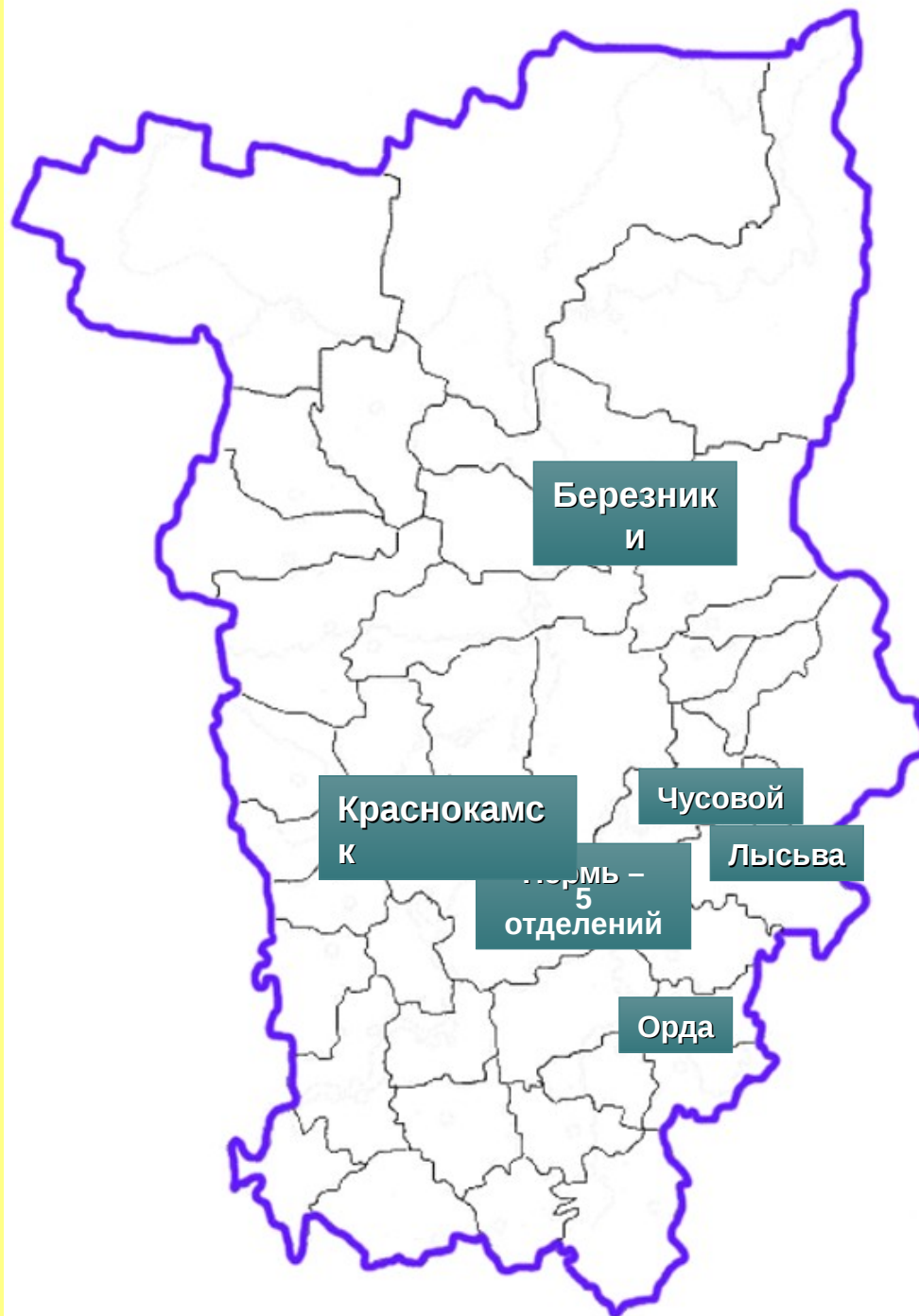
Для дневного  
пребывания  
315 мест



# Отделения Центра комплексной реабилитации инвалидов

Для временного  
проживания  
60

Для дневного  
пребывания  
315 мест



# **The main methods areas**

**Methodological Association of  
kineziotherapists**

**Methodological Association of  
Psychologists**

**Methodological Association of  
speech therapists**

# The possibility of obtaining services in КГАУ ЦКРИ

Certificate for rehabilitation

Referral (state assignment)

Paid services



**Rehabilitation services are provided by an interdisciplinary team**



# Complex Approach

- ✓ Doctors (neurologist, podiatrist, doctor of functional diagnostics, physical therapist, cardiologist)
- ✓ medical nurses
- ✓ speech therapists
- ✓ psychologists
- ✓ pedagogues-psychologists
- ✓ occupational therapist
- ✓ social work specialists
- ✓ organizer of cultural events
- ✓ teacher of additional education (training in the basics of computer literacy)
- ✓ music teacher
- ✓ rehabilitation specialist (implementing the program "Active wheelchair")
- ✓ work instructor

### Social rehabilitation of the entire process of comprehensive rehabilitation

- Specialist in occupational therapy will teach essential living skills that are the basis of physical independence.
- Specialists of the social area act as intermediaries between the person, his/her family, other professionals, agencies and community as a whole

### Medical rehabilitation

In addition to traditional services, rehabilitation medicine, physiotherapy, physical therapy, laser therapy, massage, – modern technologies are used: transcranial stimulation, functional biofeedback – directed toward using the reserve capacity of the organism. The importance is given to restoring speech functions (program for the integrated speech correction)

**In case of a disability and the individual program of rehabilitation it is recommended for patients to have medical and social rehabilitation in rehabilitation institutions of the Ministry of social services**

Order of the Ministry of Social Development of Perm Region "On approving the orders in the area of rehabilitation services (СЭД -33-01-03-31 от 06. 02. 2015 г.)

Реабилитация инвалидам предоставляется с использованием сертификата на реабилитацию Rehabilitation of disabled people will be provided with a rehabilitation certificate

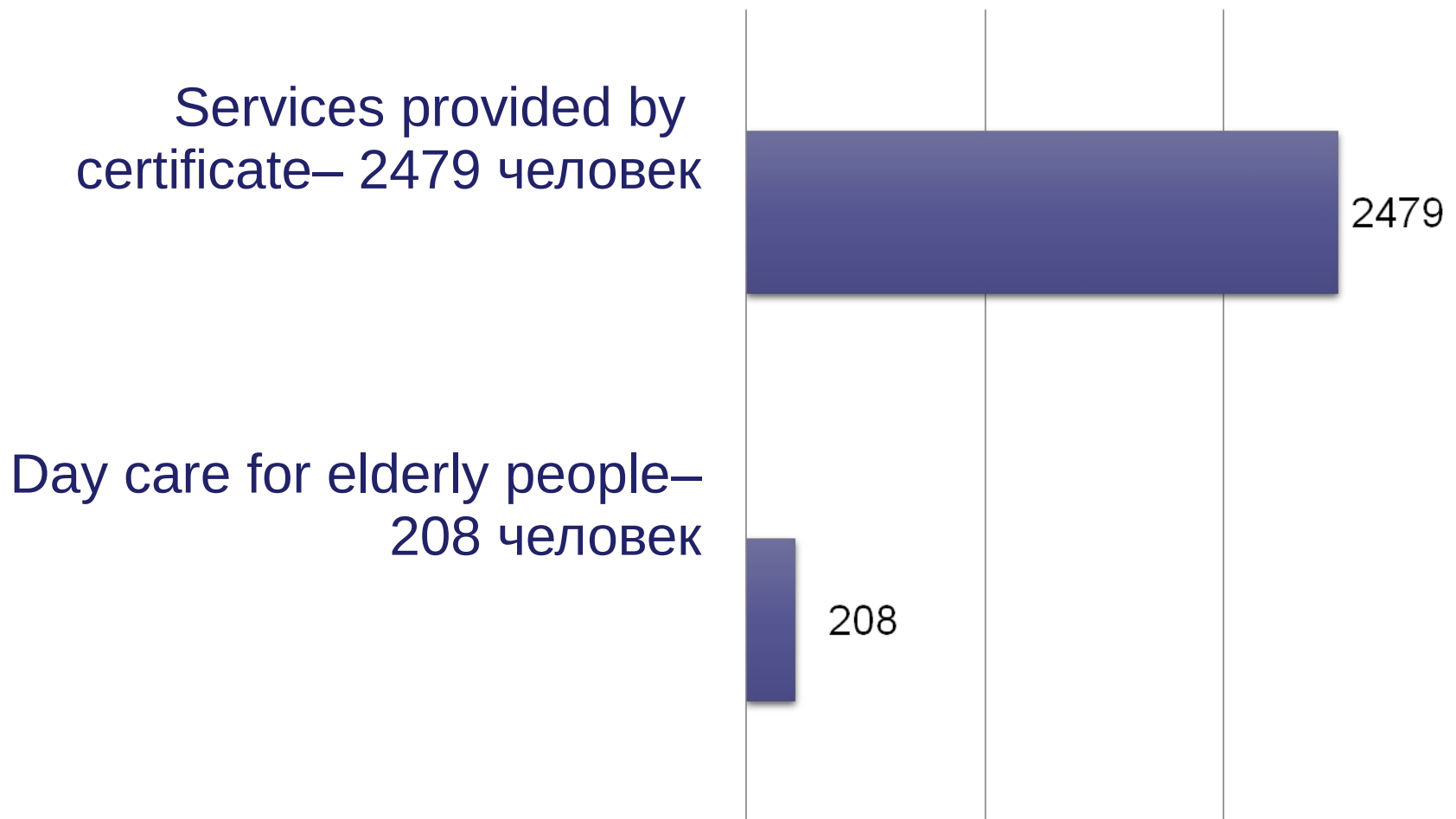
10 rehabilitation programs have been developed . Rehabilitation of persons with disabilities and stroke effects is done through rehabilitation programs 1, 2, 5, 6, 7, 8

# За 2015 год прошло курс реабилитации по сертификатам

*Всего инвалидов – 2479 человек*



# The performance of the Centre





# Program 1

- disability group 1, 2 (the degree of restriction of the ability to self-care, movement, communication 2 and 3)

# A set of services for program 1

Conditions of stay: temporary

Rehabilitation course: 21 calendar days

## Social and every-day services

- The provision of residential premises for temporary stay, dining room, the organization of rehabilitation services, work activities, therapy - *on a permanent basis*
- Приготовление и подача пищи в соответствии с натуральными нормами Preparing and serving food in accordance with natural standards *3 times a day*
- The Provision of training, correction and development equipment ,inventory for the medical - work activities, household appliances, furniture *on a permanent basis*
- Providing soft goods (bedding, medical articles) *on a permanent basis*
- Washing, Ironing of linen, change of diapers *once a day*
- Sanitary processing of premises *once a day*
- *Organization of leisure for persons with disabilities 10 times*

# A set of services for program 1

## Medical and social services

- The Organization of providing primary medical of care, specialized medical care (the 1<sup>st</sup> appointment with the doctor) 1
- The organization of qualified medical counseling (re-appointment) once a day
- Providing care based on the health condition of a recipient of social services once a day
- Health education 1
- Therapeutical physical training 10 times
- Therapeutic massage 10 times
- Physiotherapy 15 times
- Mechanotherapy 10 times
- Kinesiotherapy 10 times
- Medical therapy (delivery of drugs for oral taking , injections (by prescription), n/a, in/m) 15 times
- Medical therapy. (Performing injection s by prescription)1 15 pa3
- The organization and carrying out of the medical - work activities - 21 times

# A set of services for program 1

## Socio-psychological services

- Psychodiagnostics and personality survey 2 pa3a
- Psychological correction 10 paz
- Psychological counseling 2 pa3a

## Socio-pedagogical services

- Social – pedagogical correction, including diagnosis and counseling of recipients of social services 2 pa3a
- The development of fine motor skills 21 paz

## Social and work services

- Activities for use of residual work opportunities and training of available professional skills 5 paz

# A set of services for program 1

Services to increase the communication capacity of social service beneficiaries with disabilities

- Diagnosis of the most developed functions of the disabled for his orientation in the environment 2 pa3a
- Training in the use of care and rehabilitation equipment 15 pa3
- Teaching self-help skills, behavior at home and in public places 15 pa3
- Speech therapy (logopedic diagnostics)
- Speech therapy (consultation of a speech therapist) 2 pa3a
- Speech therapy (speech correction) 10 pa3

## Recovery of daily activities, occupational therapy

- 6. Washing in the bathroom
- 5. Dressing
- 4. Personal hygiene
- 3. Moving
- 2. The monitoring function of the pelvic organs
- 1. Eating



# The ability to move

- Kinesiotherapy
- Orthotics
- Biological feedback
- Social and environmental orientation
- Adaptive physical training and sport
- Social and psychological rehabilitation
- Нейропсихологическая (когнитивная) реабилитация

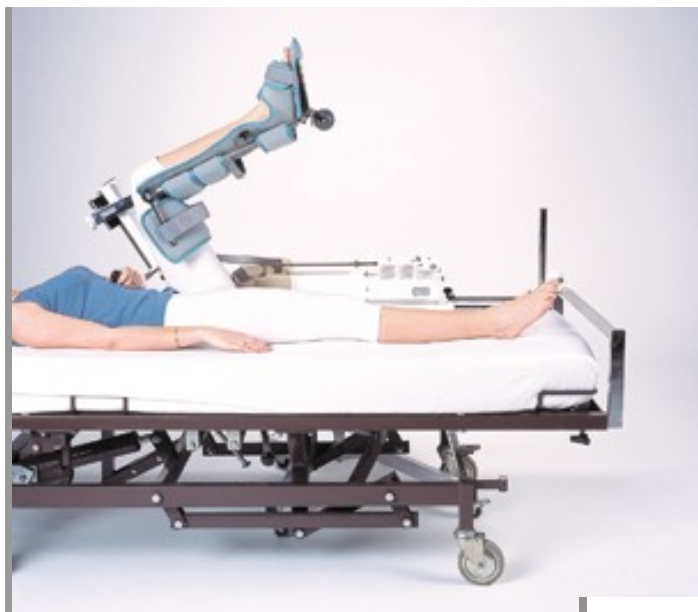


# Роботизированная техника





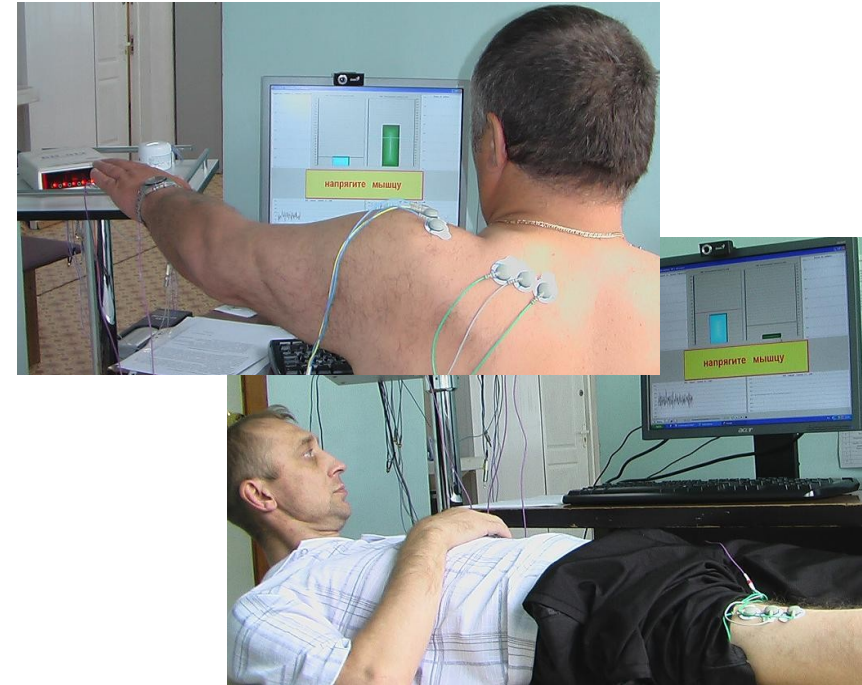
# Роботизированная техника



# Network neurorehabilitation



In the clinic, the rehabilitation center, the patient masters his rehabilitation program and receives instructions for training at home



**A t home** t he patient continues rehabilitation activities , regularly sends progress reports and data, and receives recommendations from the doctor

# The ability to Orient Oneself

- Social and environmental orientation
- Social and psychological rehabilitation
- Neuropsychological (cognitive) rehabilitation
- Biological feedback



# The ability to communicate

- Speech therapy correction
- Biological feedback
- Neuropsychological (cognitive) rehabilitation
- Social and environmental orientation
- Social and psychological rehabilitation
- Social and pedagogical rehabilitation
- Social and Cultural rehabilitation
- Adaptive physical training and sport
- Personal safety
- Computer literacy
- Social therapies





# The ability to learn

- Social and pedagogical rehabilitation
- Social and environmental orientation
- Social and psychological rehabilitation
- Neuropsychological (cognitive) rehabilitation
- Computer literacy
- Art Therapy



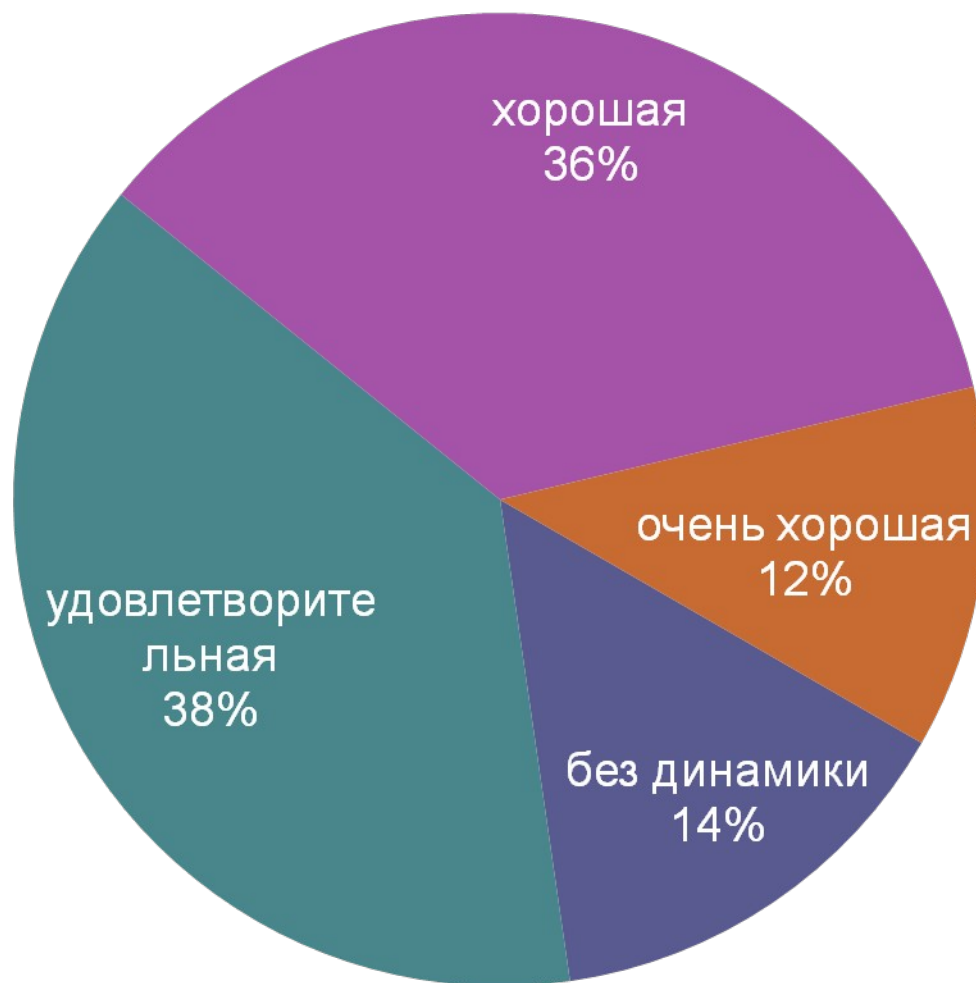
## The Ability to work

- Professional guidance
- Professional training and retraining
- Employment assistance
- Work adaptation
- Social and psychological rehabilitation
- Restoring the function of fine motor skills
- Computer literacy
- Art therapy

## **The ability to control one's behavior**

- Social and psychological rehabilitation
- Social and pedagogical rehabilitation
- Neuropsychological (cognitive) rehabilitation
- Social and environmental orientation
- Social and cultural rehabilitation

# The efficiency of the patients' rehabilitation in 2015 г.



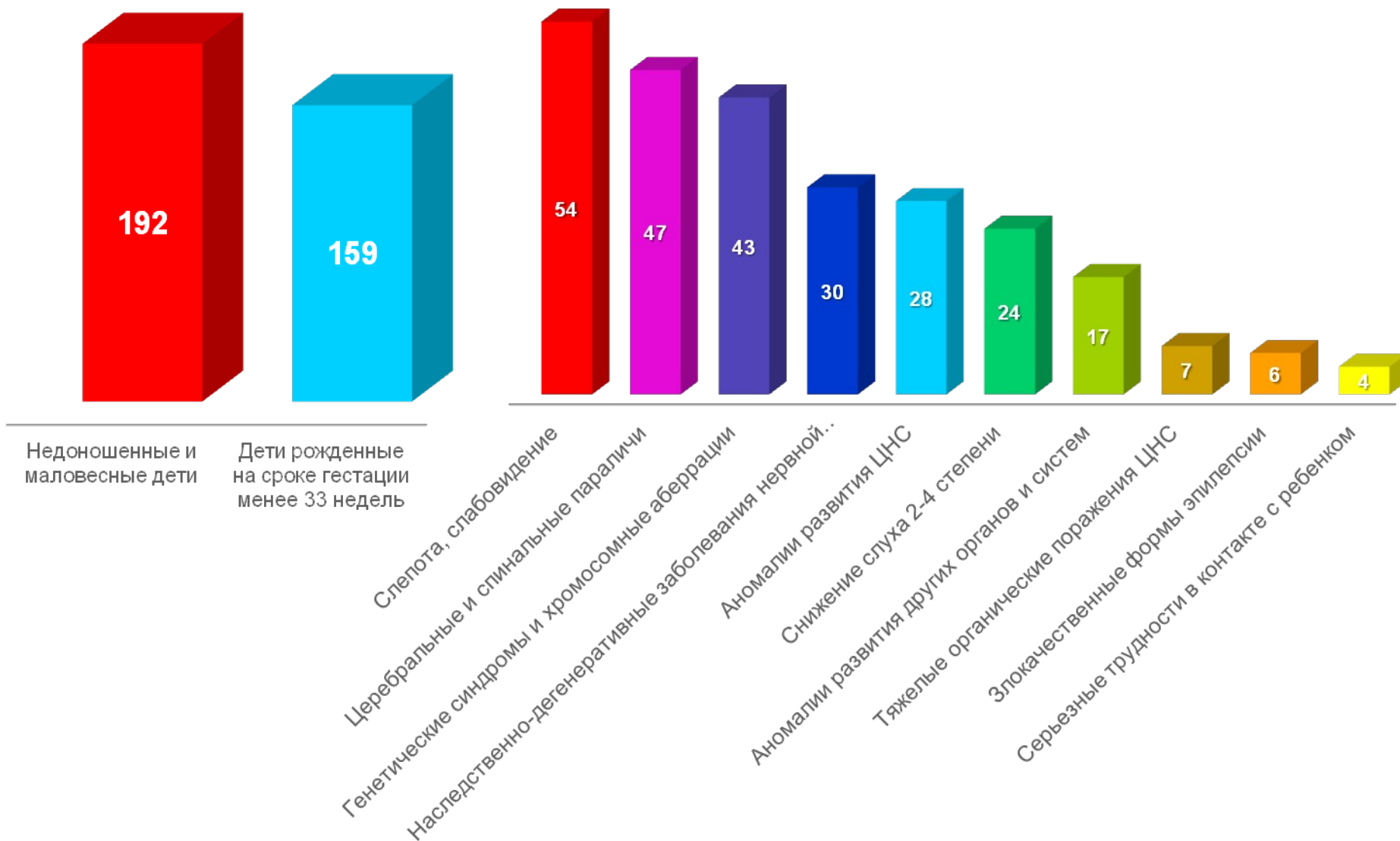


# Early Intervention Service

In 2016, the Centre launched an Early Help Service. At the moment there are 2 offices in Dzerzhinsky and Kirov districts of Perm.

**Early Intervention Service** is a service of medical and social, psychological and pedagogical, family-centred care provided to children of infantile and early age (under 4 years of age) with developmental disorders, and children at risk of such disorders and their families

# Children of Perm, aged 0 - 3, who have reasons for referral to the early help Service (611 children)





**СПАСИБО ЗА ВНИМАНИЕ**

**КГАУ «Center for Complex Rehabilitation of People with  
Disabilities»**

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